

## Deal & District Strokes Newsletter - APRIL 2019

Hello to all,

Into April already and the weather people say a warmer spell is to come and that will be very welcome. The wind has been really chilly and even stopped gardening.

Firstly, and sadly, we have to advise everyone that Freda Collins passed away on the 2<sup>nd</sup> April and whilst she was still in Leeds when she died a 'wake' has been arranged for family and friends who, if able to make it, to meet at **Betteshanger Rugby Club, Canada Road on Friday, 26<sup>th</sup> April at 1.00 pm** to say our goodbyes to a lovely lady and member of the Club.

Back to the normal goings on, at our last meeting the Air Ambulance Talk given by Chris proved really interesting and we hope that it was enjoyed by all. A further related talk is planned.

The outing to the **Spitfire Museum at Capel-le-Ferne on Tuesday, 23<sup>rd</sup> April** is currently being finalised by **Ann** and everything has been arranged with those going. Please speak to Ann should you have any concerns she can be contacted on: **360653** or mobile **07760 246543**.

**Unfortunately**, due to various organisational problems at the moment we have had to **cancel the trip to Quex Park, Birchington on Tuesday, 14<sup>th</sup> May**. We apologise for this and instead thought that having a lunchtime meal at the **Italian Restaurant on Deal Sea Front** would be a good alternative and more easily arranged. So if anyone wishes to go please speak to Anne, Liz or Diane within the next two weeks so that we can arrange numbers with the restaurant. Once again this will be subsidised above **£10 per member**. **Please prioritise this as it has to be finalised before our May meeting.**

Whilst writing this newsletter as we hope you are all aware of several ongoing health problems, therefore, we are also having to **re-think the Romney, Hythe and Dymchurch Railway** trip on **Wednesday, 26<sup>th</sup> June** and we are currently looking into having a meal at the **Table for Two Restaurant by the Tesco Superstore in Whitfield** and then going on to the **Dover Transport Museum** close by. We have not been there for many years and know that many new things have been implemented. This will be put forward to you all at the **May** meeting.

With regards to the **Pier Walk** we hope that you are all happy with the way it is going and will have to monitor it to see how tricky it is when all the children are off on the holidays as it might be extremely busy and certainly impossible for wheelchair users.

The **Seated Exercise Classes** given by Jan at Golf Road for the rest of the month are as follows: **Wednesday, 17<sup>th</sup>, 24<sup>th</sup>, and Tuesday 30<sup>th</sup> between 2.00-3.00pm**. These exercises are very beneficial but you need only do what you are comfortable with.

Peter has advised that some telephone numbers to get in touch with police can be costly and, therefore, he has given a number which is cheaper so please call: **01622 690690**. Obviously, should an Ambulance, Fire Brigade or Police be required for an **emergency 999** should still be used.

PTO