

Deal & District Strokes Newsletter - JULY 2019

Hello to all,

We seem to be racing through the year and as the new Programme goes to December looking that far ahead is a little alarming. Ah well, time cannot be stopped but a little slower would be nice. The oracle, my daughter, has just informed me that it is only 24 weeks until Christmas.

- **4th July, Thursday** – Mudpie Studio, Folkestone at 1.30 – 4.00 pm. Now a happy memory.
- **15th July, Monday** – Elham Valley Vineyard CT4 6LN at 2.00 pm for afternoon tea.
- **19th July, Friday** – The Mid-Month Munch at the Golf Road Centre to commence at around 12.30 p.m.
- As discussed at the last meeting, a trip is being arranged to the Salutation Gardens and Quay, Sandwich, planned for **Monday 12th August** to meet at 2.00 pm (see enclosed Programme). Please contact Diane if you wish to go and have not yet given your name(s).
- Please note that the **Annual General Meeting** will be held at the Club meeting on the **6th September**. Therefore, we would appreciate any new nominees for the Committee to be put forward at the **2nd August** meeting.
- The Seated Exercise Classes for July are every **Wednesday** (3rd, 10th, 17th, 24th and 31st) at 2.00 – 2.45 pm.
- The Pier Walk, as usual, every **Thursday** to meet in Deal at 10.45/11.00 pm, and refreshments at The Quarterdeck afterwards until 12 noon.

The Programme has been put together by an amateur (with help from the oracle) and we hope that it is acceptable for the next six month period.

With very best wishes