



## Deal & District Strokes Newsletter - DECEMBER 2019

Wishing a Merry Christmas and a Happy New Year to you all,

Just a short time to go until Christmas and we hope that you all have a memorable Christmas (for all the right reasons!), and give our best wishes to everyone.

The **December 2019/January 2020** dates are as follows:-

- **6<sup>th</sup> December, Friday** – We hope that you all enjoyed the meeting and our thanks go out to xxx for all the efforts he made to provide music and song for our festive gathering.
- **13<sup>th</sup> December, Friday** – The **Christmas Meal at Walmer & Kingsdown Golf Club** will commence at **12.30 pm**. All has been arranged and we are looking forward to what should be a lovely Christmas outing, maybe our first turkey of the season!
- **2<sup>nd</sup> January, Friday** – At this monthly meeting we are hoping that Linda, who provides Physio to xxx will be able to come to have a chat to us about its benefits.
- **23<sup>rd</sup> January 2020, Thursday** – A lunchtime meal is being arranged at the **Quarterdeck Restaurant, Deal Sea Front** to commence at **12.30 pm** and the cost is **£5.00 per person**. Forms were given out at the December Meeting and these will all need to be returned for **3rd January** meeting. Anybody who could not make the meeting should have a form with this newsletter, however, if this has not happened, and you may wish to go, please speak to Diane at the January meeting.
- The Programme for **January to July 2020** will be available in January. A few things may need to be finalised next year but the outings will be progressed as given. Should anyone have ideas for the last six months of next year please provide the form supplied and we will look at all suggestions.
- Just to mention that on **Friday, February 14<sup>th</sup>** there is a **fish demonstration** (details to be confirmed) at the **Chequers**, with lunch after, to commence around **10.30 am**, please give this consideration as anyone interested will need to advise us at the **January meeting**.
- The **Seated Exercise Classes** will commence again in the **New Year** and continuing every Wednesday and dates for **January 2020** are likely to commence on **8<sup>th</sup>** then **15<sup>th</sup>**, **22<sup>nd</sup>** and **29<sup>th</sup>** thereafter.

As usual, the Pier Walk is every **Thursday** to meet outside Deal Pier at 10.45/11.00 pm; if too windy we will go straight to The Quarterdeck for refreshments, any who wish to go up the Pier can meet there after the walk. We may need to check who will be likely to go over the **Christmas/New Year** period.