**Deal & District Strokes Newsletter**

 **SEPTEMBER/OCTOBER 2025**

**DECEMBER 2023**

 **2023**

Hello to everyone

So much has changed recently, now we are running swiftly towards Autumn but at least we have enjoyed wonderful weather this summer. With the differences in climate change maybe next summer will be the same.

**Ann, the Treasurer, has requested that all membership payments made to DDS should include the members’ surname on the bank reference to eliminate any confusion regarding receipts.**

**SEPTEMBER**

**FRIDAY, 5th** – As previously advised Terry F is coming back to organise a game of Boccia at this meeting.

**OCTOBER**

**FRIDAY, 3rd** – The first half of this meeting will be given by Steve T and his team to make a presentation in community life savers and a lively meeting with members participation will be appreciated. The second half will be our AGM with Dorthe at the helm and we will hopefully have a few new members stepping forward to be on the committee.

Janet is in the process of arranging a skittles session at the Golf Road Centre together with soup, cake and coffee/tea, the date for this will be confirmed once settled.

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The produce from the allotment has been coming along fast with tomatoes now ripening nicely. Thoughts on whether to carry on with this next year are currently being discussed. There is a DDS Gardening Club chat line on WhatsApp should any member wish to keep up with what we are doing, pictures are also included.

**Seated exercise classes** with Julie are still ongoing on Mondays between 2.30-3.30pm and Wednesdays between 1.00-2.00pm. Any new members who wish to try a class, please contact Wendy to arrange with Julie. Julie will advise the members who attend the classes of any changes to sessions.

With best wishes from all the committee members.

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